

Our Lady of Perpetual Succour

Catholic Parish Toukley/Lake Munmorah

St Mary's Church 458 Main Rd Norville

St Brendan's Mass Centre 29 Carters Rd Lake Munmorah



Vision

To be A Vibrant Eucharistic Community

Pastoral Team

Parish Priest

Fr. Tomy Kuruvelil Ouseph CFIC

Phone: 4396 4455

Email: tomyfcic@yahoo.co.in

Assistant Priest

Fr. Baby Thomas CFIC

Phone: 0400 568 491

Email: baby.thomas@bbcatholic.org.au

Augustinian Sisters of Our Lady of Consolation - Convent

11 Pandora Pde Norville 4396 9128

Sr. Josefa Mabini OSA

Sr. Jennifer Canillas OSA

Parish Office Hours

9am to 2pm Mon To Fri

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Email toukleyparish@bbcatholic.org.au

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Facebook: Toukley-Lake Munmorah Parish

Parish Secretary: Sarah-Jane Rosen

Office Assistant: Rachelle McConnon

Catechist Coordinator

Sr. Josefa Mabini PH: 0402480933

Sacramental Coordinators

Sr. Jennifer Canillas PH: 0435 788 759

Cath Cefai PH: 0418 836 512

Sunday Parish Bus Service

Mrs Joan Haslam 4392 6892

Parish Schools

St Mary's

Principal Ms Emma Sellars 7256 2143

St Brendan's

Principal Ms Charlene Reid 7256 2127

St Brigid's College

Principal Mr Adam Murdoch 7256 2122

NINETEENTH SUNDAY IN ORDINARY TIME YEAR B

11th August 2024



GOSPEL REFLECTION

Get up now and eat this food - or else the journey will be too long for you.

Throughout the last several weeks, the Scripture Readings have created a mosaic depicting the sublime mystery of the Eucharist. The continuing narrative shows us how carefully the seeds of this mystery were planted in the early stages of Salvation History.

Today we first hear the marvelous excerpt from the Book of Kings that shows us the prophet Elijah journeying in the desert, weary, discouraged, even praying for death. An angel is sent by God to offer him food and drink. He takes a little, but then falls back to sleep. Then the angel stirs him and cries out: "Get up and eat or else the journey will be too long for you."

In the Gospel reading, we can almost hear the shock and unbelief spread throughout the crowd when Jesus said, "I am the living bread," suggesting that they must eat his flesh, the Bread of Life. People were scandalized by this statement. Instead of being scandalous, Jesus' words were life-giving. People today continue to wander aimlessly in a way not very dissimilar to the Jews wandering in the desert, starving for lack of food and a living relationship with a loving God. Even as the heavenly manna was sent to nourish the physical bodies of the ancient Israelites, so our God sent us his Son, the true heavenly food, to nourish our entire beings.

And like those in the Gospel reading, Jesus is telling us that we have nothing to fear, that we should not be discouraged. He is the One the world has been waiting for. He is the One whose gaze has been turned towards the Father for all eternity. He is the only One who has seen the Father. He is the only One who can give eternal life to those who believe. The Word of God has become one of us. He who from the beginning of time has had an intimate relationship with the Father, shares his life with us.

We are the people of the promise. The angel of God calls to us as to Elijah the prophet: "Get up now and eat this food - or else the journey will be too long for you."

Fr. Baby

WEEKEND MASS TIMES

St Mary's Church Toukley

Saturday: Vigil 6:00pm Fr Tomy
Sunday: 7:30am Fr Tomy
9:00am Fr Tomy
6:00pm Fr Baby
Children's Liturgy 1st & 3rd Sunday at 9:00am
Mass (except school holidays)

St Brendan's Church Lake Munmorah

Saturday: Vigil 5:00pm Fr Baby
Sunday: 8:00am Fr Baby

WEEKDAY MASS TIMES

St Mary's Church Toukley

Monday 9:00 am
Tuesday 9:00 am
Wednesday 9:00 am
Thursday 9:00 am (Ordinariate of Our Lady of
the Southern Cross)
Friday 9:15am (Except 1st Friday of Month)

First Friday of Month Anointing of Sick

11:00am

Saturday 9:00 am

St Brendan's Church Lake Munmorah

Wednesday 9:00am

First Wednesday of Month Anointing of Sick

Thursday 9:00am

EXPOSITION BLESSED SACRAMENT

St Mary's Church Toukley

Next Saturday – No Benediction after Morning
Mass

SACRAMENT OF RECONCILIATION

St Mary's Toukley

Next Saturday no Reconciliation after Mass

St Brendan's Lake Munmorah

Saturday 4:30 -5:00pm

MORNING PRAYER OF THE CHURCH

St Mary's Toukley

8:20 am Monday to Thursday & Saturday

8:45 am Friday

First Friday Night Vigil

Exposition after 7pm Mass until 12.30am

Children's Liturgy

1st & 3rd Sundays 9am at St Mary's



Welcome to our Parish. Today we celebrate the **Nineteenth Sunday in Ordinary Time, Year B.** We welcome you to our Church & are pleased to see you here.



Parish events - Save the Date:

Thurs 15th Aug: Assumption Mass 6pm St Mary's

Sat 17th Aug: Rite of Confirmation Ceremony St Mary's 11am

Fri 30th Aug: Father's Day Mass St Brendan's 9am

Invitation to Santa Maria festa (Our Lady of Mary) -at St

Mary of the Cross MacKillop Church, Warnervale **18th Aug.** The Santa Maria Central Coast Association invites you to join them for Mass at 3pm with Fr Carmelo Sciberas followed by a procession around the Church at 4pm. Everyone is welcome. Come and enjoy traditional sweets and pastizzi. Fireworks at 6pm! For information PH: Charlie Scicluna 0404194020 or Glenn Dacruz 0413291129

Security Fencing at St Brendan's

Fencing has been placed around the church and other areas at St Brendan's for security. This is in place for the safety of school children. **Please note the gates are on automatic timers. You need to drive up to the gate and it will automatically open and then close after you drive out. The swing gate near the church opens towards your car so leave a gap between your car and the gate.**



Feast of the Assumption of the Blessed Virgin Mary Mass

This year we shall have a special Assumption Mass on **Thursday 15th August at 6pm at St Mary's Church.** Please join us to celebrate the Assumption together as a Parish community.

Wills, Enduring Guardianship and Powers of Attorney

Tuesday 20 August 2024, 10:30am - 12:30pm



The Catholic community of Broken Bay is invited to a

Free Seminar and Morning Tea

Featuring an expert legal advisor.

Opportunity for a complimentary WILL for attendees.*

*Terms and conditions apply.

For details contact:
events@bbcatholic.org.au

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Unit 4, 11-13 Arizona Road, Charmhaven 2263

Ph: (02) 4393 2443

Email: charmhaven@internode.on.net



Sacrament of Confirmation - Our candidates are towards the end of their Sacramental preparation. Over the remaining weekend Masses their are rites to be presented for them - the Gifts & Fruits of the Holy Spirit and The Creed.

Please continue to pray for them and their families.

Schedule for rehearsal: 15th Aug 3:30pm St. Mary's Confirmation Rite 17th Aug 11am St. Mary's.

There will be NO Benediction and confession on Saturday morning 17th August due to Confirmation at 11am.



CatholicCare's August Homelessness Week

Fundraiser - There is no place like home – but for many having a home is not a reality. The causes may be diverse, but the impact is the same – a loss of dignity and a sense of hopelessness. A special appeal will take place this weekend **on 10/11 Aug.** Thankyou for supporting this important Diocesan initiative.

National Child Protection Week: This year National Child Protection Week commences on the first Sunday in September, being between 1-7 September 2024. This year's powerful message is 'Every child in every community needs a fair go' which is complemented by the theme 'Every conversation matters'. This event aims to engage, educate and empower all Australians with regards to both understanding child abuse and neglect and working together as a community to safeguard our children by implementing preventive measures.

Diocesan Retreat: Will take place from **26th-30th August.** Fr. Baby will be away for the retreat. During the week we will have Communion service at St Brendan's on Wednesday 28th.

St Mary's & St Brendan's Safeguarding Message:

The Diocese of Broken Bay and, we the people of the Catholic Parish of Toukley/Lake Munmorah seek to ensure children and vulnerable people are provided with the fundamental right to be kept safe and respected. This right is held sacred in our Gospel, international and local laws and within our Church policy and practice. Everyone has a responsibility for the vitality of the Parish.

We are all invited to embrace and contribute to a culture of safeguarding children and vulnerable adults. As Safeguarding is the responsibility of all of us, we thank Shella Ruyeras for offering to be our contact person for St Brendan's and Jarrad Lapsuks for St Mary's. If you wish to speak with either of our Safeguarding contacts their details are:

Shella Ph:0401 468 515 and Jarrad PH: 0478558950

Please pray for those who have died and those who are sick



Recently Deceased : Justin Perri, Jonah Langley, Helen Cook, Brigido Mabini, Arnufo Macera

Anniversaries: Ronald Roach, Helen Mabini, David Murphy, George Gordon, Paul Kain, James Rush, Zachary Natahn Canillas, Manuel Tana, Doris Glennen, John Zerafa, Nancy Magro, Paul O'Neile, Tom Burke & Patricia Phillips

Remembrances: Bridget Ebejer, Joe Borg, Vincenza Debono, Vince Debono, Vickey Mifsud, Karen Martin, Frank Costa, Sam Cutajar, John, James William Baker, Diane Booth, Stephens Cappa, Ingrid Hamer, Crysterline Hamer, Richard & Margie Hamer, Valmai Joseph & Stark Family, Wendy Woodhouse & Carol Brown

Please Pray for the Sick: Jose Adelino, Suzanne Webb, Judy Kay, Ray Crocker, Patricia, Warren Pope, Elaine Scrivener, John Stuart, Stefano & Paolo Macchi, Ruben Fernandez V, Mia Lili Harries, Joanne Gravelle, Angie Newton, Shirley Dormer, Jenny Roy, Stephen Jeffrie, Paul Mizzi, George, Jim Rush, Finn McConnon, Sylvia Hudson, Cusick Family, Maree Campbell, Katherine Hoppett, Ann, Krissy & Craig Taylor, Tim Keogh, Patrick Hobson, Judy Kay, Marion Campbell, Wayne Stafford, Mark Wilson, Bill O'Keefe, Michelle Maroon, Mick G, Kylie Musgrave, Avis Sullivan, Brian Fletcher, Rhondha Rey, Christine Yousef, Florian Stoffel, Bev Jessop, Sandra Campbell, Mia, Robbie Depares, DeAnne Richards, Jackie Chaplin, Michael Casey, Koen Mackaway, Eva Cusick, Melissa, Margaret Connolly, Rita Cini, Baby Mia Lilli, Maria Butseties, Shirley Campbell, Josh. R, Robyn Brand, Denis Tansy, Miklos Beothy, Liz Kelman & Amanda O.

August Birthdays

- John Frame (1 Aug)
- Pat Bulgin (5 Aug)
- Sr Jennifer Canillas (6 Aug)
- Jake Elias (6 Aug)
- Fr Joshi Naduppura (6 Aug)
- Ellen Sheerin (7 Aug)
- Tony Morath (8 Aug)
- Toutai Ketoni (9 Aug)
- Miriam Spiteri (23 Aug)
- Heather Baker (10 Aug)
- Geoffrey Swan (29 Aug)
- Lorrie O'Brien (13 Aug)
- Angeline Collard (31 Aug)
- Peter Turner (20th Aug)
- Teo Ah Khing (Aug)



Pope Francis' August Intention

For political leaders
We pray that political leaders be at the service of their own people, working for integral human development and for the common good, especially caring for the poor and those who have lost their jobs.

Mackay Family Funerals

In Association with Mackay Family Crematorium
A.B.N. 79 085 423 589
Head Office: 249 Pacific Highway West, Ourimbah 2258
PO Box 89 Ourimbah NSW 2258.
Phone: (02) 4362 2733 Fax: (02) 4362 2899



Volunteer Angels
Male & Female

Do you have a caring heart & time to become a friend to a lonely person in an Aged Care Facility
Please call Anne-Marie
4396 1555

First Reading 1 Kings 19:4-8
A reading from the first book of the Kings

Strengthened by the food, he walked to the mountain of the Lord.

Elijah went into the wilderness, a day's journey, and sitting under a furze bush wished he were dead. 'Lord,' he said 'I have had enough. Take my life; I am no better than my ancestors.' Then he lay down and went to sleep. But an angel touched him and said, 'Get up and eat.' He looked round, and there at his head was a scone baked on hot stones, and a jar of water. He ate and drank and then lay down again. But the angel of the Lord came back a second time and touched him and said, 'Get up and eat, or the journey will be too long for you.' So he got up and ate and drank, and strengthened by that food he walked for forty days and forty nights until he reached Horeb, the mountain of God.

The word of the Lord

Thanks be to God

Responsorial Psalm Ps 33:2-9

R. Taste and see the goodness of the Lord.

I will bless the Lord at all times,
his praise always on my lips;
in the Lord my soul shall make its boast.
The humble shall hear and be glad. **R.**

Glorify the Lord with me.
Together let us praise his name.
I sought the Lord and he answered me;
from all my terrors he set me free. **R.**

Look towards him and be radiant;
let your faces not be abashed.
This poor man called; the Lord heard him
and rescued him from all his distress. **R.**

The angel of the Lord is encamped
around those who revere him, to rescue them.
Taste and see that the Lord is good.
He is happy who seeks refuge in him. **R.**

Second Reading Ephesians 4:30 - 5:2

A reading from the letter of St Paul to the Ephesians

Walk in love, just as Christ.

Do not grieve the Holy Spirit of God who has marked you with his seal for you to be set free when the day comes. Never have grudges against others, or lose your temper, or raise your voice to anybody, or call each other names, or allow any sort of spitefulness. Be friends with one another, and kind, forgiving each other as readily as God forgave you in Christ.

Try, then, to imitate God, as children of his that he loves, and follow Christ by loving as he loved you, giving himself up in our place as a fragrant offering and a sacrifice to God.

The word of the Lord

Thanks be to God

Gospel Acclamation John 6:51

Alleluia, alleluia!

I am the living bread from heaven, says the Lord;
whoever eats this bread will live for ever.
Alleluia!

Gospel John 6:41-51

A reading from the holy Gospel according to John
I am the living bread come down from heaven.

The Jews were complaining to each other about Jesus, because he had said, 'I am the bread that came down from heaven.' 'Surely this is Jesus son of Joseph' they said. 'We know his father and mother. How can he now say, "I have come down from heaven"?' Jesus said in reply, 'Stop complaining to each other. 'No one can come to me unless he is drawn by the Father who sent me, and I will raise him up at the last day. It is written in the prophets: They will all be taught by God, and to hear the teaching of the Father, and learn from it, is to come to me. Not that anybody has seen the Father, except the one who comes from God: he has seen the Father. I tell you most solemnly, everybody who believes has eternal life. I am the bread of life. Your fathers ate the manna in the desert and they are dead; but this is the bread that comes down from heaven, so that a man may eat it and not die. I am the living bread which has come down from heaven. Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.'

The Gospel of the Lord.

Praise to you, Lord Jesus Christ



Next Sunday-Twentieth Sunday in Ordinary Time

First Reading : Proverbs 9:1-6

Second Reading: Ephesians 5:15-20

Gospel: John 6:51-58